TLC CATERING

Serving the Greater Polk County Area

Lunch Packages

TLC CATERING

Table of Contents:

Cold Lunch Special	Pg. 3
Boxed or Plattered Cold Lunch	Pg. 4
Hot Lunch Special	Pg. 6
Economy 1 Package	Pg. 7
Economy 2 Package	Pg. 8
Taco Lunch Package	Pg. 9
BBQ Lunch Package	Pg. 10

Staffing/Delivery is not included in Package Pricing.
All prices are subject to sales tax, service charge and staffing/delivery fees.
For most accurate pricing, please reach out to our sales team for a personalized quote.

TLC CATERING

COLD LUNCH SPECIAL

$11.00 per Person
minimum order: 10

SANDWICHES & WRAPS *Choose 3:*

Spicy Chicken Salad Sandwich
Chicken salad made with chipotle mayo on a kaiser roll

Sweet Chicken Salad Sandwich
Chicken salad with pineapple & walnuts on a kaiser roll

Cuban Sandwich
Shaved roasted pork, ham, cheese, pickles, mayo & dijon-mustard on Cuban bread

Ham & Cheese with Honey Mustard on Croissant
Ham, Swiss cheese, romaine lettuce, honey mustard & mayo on a wheat

Turkey Sandwich
Carved slices of turkey breast, bacon, Swiss cheese & romaine lettuce with cranberry mustard & mayo on a wheat

Turkey Bacon Wrap
Turkey, bacon, Swiss cheese, romaine lettuce & tomato with ranch spread

Grilled Vegetable Wrap
Grilled zucchini, squash, peppers & mushrooms with a mayo pesto spread

MENU INCLUDES

Marinated Pasta Salad
Tri-colored rotini with fresh vegetables & zesty Italian dressing

ACCOMPANIMENT *Choose 1:*

Carrot Sticks with Housemade Ranch

Chef's Choice of Fruit

Chips

Cookies

Pickle Spears

BEVERAGE **Additional $1.50 per Person*

Sweet & Unsweet Iced Tea

SERVICEWARE

Boxed Lunch:
3-Compartment Styrofoam Box
Flatware Pack (flatware, napkin, salt & pepper)
Clear Disposable 20 oz Cup

Plattered Lunch:
3-Compartment Disposable Plate
Flatware Pack (flatware, napkin, salt & pepper)
Clear Disposable 20 oz Cup

TLC CATERING

BOXED OR PLATTERED LUNCH

$14.50 per Guest

Choice of 3 Sandwiches, Wraps or Salads

SANDWICHES

Grilled Vegetable Sandwich
Grilled zucchini, squash, peppers, onions & mushrooms with a mayo pesto spread on ciabatta bread

Grilled Chicken Sandwich
Grilled chicken breast with Swiss & pesto aioli on ciabatta bread

Grilled Greek Chicken Sandwich
Marinated grilled chicken breast, lettuce, tomato, red onion & feta cheese sauce on ciabatta bread

Spicy Chicken Salad Sandwich
Chicken salad made with chipotle mayo on a croissant

Sweet Chicken Salad Sandwich
Chicken salad with pineapple & walnuts on a croissant

Teriyaki Chicken Sandwich
Roasted chicken with terriyaki aioli, shredded carrots, bell peppers, purple cabbage & microgreens on kaiser roll

Turkey Club
Three slices of toasted bread with turkey, bacon, romaine lettuce, tomato, & mayonnaise
**Only available for lunch orders of 20 or less*

Turkey Sandwich
Carved slices of turkey breast, bacon, Swiss cheese & romaine lettuce with cranberry mustard & mayo on a croissant

Chicken BLT
Roasted chicken, bacon, lettuce, tomato, swiss & sriracha aioli

Chicken Cordon Bleu
Ham, swiss, roasted chicken, fresh spinach, Dijon aioli on focaccia bread

Turkey & Ham Sandwich
Turkey, ham, cheese, lettuce, tomato, onion, & Dijon aioli on focaccia bread

Cuban Sandwich
Shaved roasted pork, ham, cheese, pickles, mayo & dijon-mustard on Cuban bread

Ham & Cheese with Honey Mustard on Croissant
Ham, Swiss cheese, lettuce & honey mustard on a croissant

Italian Sandwich
Salami, ham, cheese, lettuce, oregano & housemade Italian sauce on ciabatta bread

Roast Beef Sandwich
Thinly sliced roast beef & Swiss cheese topped with horseradish sauce, romaine lettuce & tomato on rye

Tuna Salad Sandwich
Tuna salad with romaine lettuce on a croissant

WRAPS

California Club Wrap
Fried chicken strips, bacon, romaine lettuce & tomato with a ranch spread

Chicken Caesar Wrap
Grilled chicken strips, romaine lettuce, croutons & parmesan cheese with Caesar dressing

Grilled Vegetable Flatbread Wrap
Grilled zucchini, squash, peppers, onions & mushrooms with a mayo pesto spread on flatbread

Mediterranean Chicken Flatbread Wrap
Marinated grilled chicken strips, romaine lettuce, tomato & feta cheese with tzatziki sauce

Mediterranean Hummus Vegetable Wrap
Cucumber, tomato, red onion, tzatziki sauce & hummus Mediterranean sauce on the side

Turkey Bacon Wrap
Turkey, bacon, Swiss cheese, romaine lettuce & tomato with ranch spread

Additional Selections Next Page

ENTRÉE SALADS **Entrée salads do not include sides*

Caesar Salad with Grilled Chicken
Chopped romaine lettuce, grilled chicken strips, croutons, parmesan cheese, & Caesar dressing

Chef Salad
Chopped romaine lettuce, Swiss & American cheese, turkey & ham, bacon strips, boiled eggs, tomato wedges & choice of blue cheese, ranch, Italian or honey mustard dressing

Crunchy Romaine Salad with Grilled Chicken
Chopped lettuce, grilled chicken strips, broccoli & green onions with a crunchy topping & sweet & sour dressing

Fresh Berry Salad with Smoked Turkey
Spring mix, smoked turkey, fresh seasonal berries, caramelized nuts, parmesan cheese & croutons with a raspberry vinaigrette dressing

House Salad
Spring mix, grilled chicken strips, freshly cut vegetables, cheese & croutons & choice of blue cheese, ranch or honey mustard dressing

Santa Fe Salad
Black bean & corn, romaine, grilled chicken strips, tomatoes, black olives, cheese & tortilla strips

SIDES *All lunches ordered receive the same **two sides**. Not included with entrée salads.*

Broccoli Salad
Broccoli, raisins, onions, grapes, celery, sunflower seeds & sliced almonds in a sweet mayo dressing with splash of balsamic vinaigrette

California Fruit Salad
Crisp apples, celery, cran-raisins & sliced almonds tossed with a citrus yogurt

Fruit Salad
Assortment of pineapple, strawberries, grapes & cantaloupe

Bagged Chips
Assorted

Pasta Salad
Tri-colored rotini with fresh vegetables & zesty Italian dressing

Orzo Pasta Salad
Orzo pasta with fresh spinach, red pepper & garlic olive oil

Pesto Pasta Salad
Tri-colored rotini with marinated artichokes, cherry tomatoes, red peppers, mozzarella cheese, & pesto dressing

Potato Salad
Fresh cut potatoes, celery, boiled eggs, Dijon mustard & mayo

ADDITIONAL SIDES **For plattered lunches only.*

Cheese Tray
Variety of cheese cubes, such as cheddar, Swiss, pepper jack & Monterey jack

Vegetable Tray
Assortment of fresh vegetables with housemade ranch

Side House Salad
Baby greens, veggies, cheeses, & croutons with choice of ranch or honey mustard dressing

DESSERTS *Choose 1:*

Brownies
Butterscotch Blondies
Chocolate Chip Cake
Cookies
Cookies & Brownies
Raspberry Oatmeal Bars

BEVERAGES **Additional $1.50 per Person* | Choose 1:

Sweet & Unsweetened Iced Tea
Lemonade
Soda, Canned (Coke Products)
Bottled Water

SERVICEWARE

Boxed Lunch:
3-Compartment Box
Flatware Pack (flatware, napkin, salt & pepper)
Clear Disposable 20 oz Cup

Plattered Lunch:
3-Compartment Disposable Plate
Flatware Pack (flatware, napkin, salt & pepper)
Clear Disposable 20 oz Cup

TLC CATERING

HOT LUNCH SPECIAL

$14.50 per Person

OUR MENU CHANGES DAILY!

Click Here to view our upcoming menu.

**Occasionally, menu items may change due to item availability.*

MENU OF THE DAY

Meal Includes:

Main Entrée
Starch Side
Hot Vegetable *or* Side Salad
Bread of the Day

DESSERT

Chef's Choice Dessert

BEVERAGE **Additional $1.50 per Person*

Sweet & Unsweet Iced Tea

DISPOSABLE PLATEWARE

3-Compartment Disposable Plate
Flatware Pack (flatware, napkin, salt & pepper)
Clear Disposable 20 oz Cup

TLC CATERING

ECONOMY 1 PACKAGE

$13.50 per Person

SALAD (Choose 1)

Classic Caesar Salad
Romaine lettuce, parmesan cheese & roasted garlic croutons with classic Caesar dressing

Crunchy Romaine Salad
Fresh cut romaine lettuce, broccoli, scallions & crunchy topping with sweet & sour dressing

Spring Garden Salad
Spring mix with cucumbers, tomatoes, carrots, cheddar cheese & croutons with ranch & Italian dressings

Chef's Choice Salad

ENTRÉE (Choose 1)

Chicken Florentine Casserole

Chicken Alfredo Baked Ziti

Chicken or Beef Pot Pie

Chicken or Beef Enchilada Casserole

Chicken Tetrazzini

Tuscan Chicken Casserole

Crunchy Chicken Casserole

Kielbasa Sausage with Potatoes, Peppers & Onions

Beef Tips with Rice

Stroganoff Bake

Classic Lasagna

Mexican Lasagna

Shepherd's Pie

Ham & Scalloped Potato Casserole

Ham, Broccoli & Orzo Casserole

Baked Ziti

BREAD (Choose 1)

Freshly Baked Yeast Rolls with Butter

Garlic Breadsticks

DESSERT (Choose 1)

Brownies

Butterscotch Brownies

Chocolate Chip Cake

Cookies

Cookies & Brownies

Chocolate Chip Cake

Lemon Bars

Chef's Choice Dessert

BEVERAGE **Additional $1.50 per Person*

Sweet & Unsweet Iced Tea

DISPOSABLE PLATEWARE

3-Compartment Disposable Plate
Flatware Pack (flatware, napkin, salt & pepper)
Clear Disposable 20 oz Cup

**Upgraded Plateware Available*

TLC CATERING

ECONOMY 2 PACKAGE

One (1) Entrée - $17.50 per Person
Two (2) Entrées - $19.00 per Person

SALAD (Choose 1)

Classic Caesar Salad
Romaine lettuce, parmesan cheese & roasted garlic croutons with classic Caesar dressing

Spring Garden Salad
Spring mix with cucumbers, tomatoes, carrots, cheddar cheese & croutons with ranch & Italian dressings

Chef's Choice Salad

BREAD (Choose 1)

Freshly Baked Yeast Rolls with Butter

Garlic Breadsticks

ENTRÉE (Choose 1 or 2)

Chicken Marsala

Fried Chicken

Meatloaf

Marinated Baked Chicken

Meat Lasagna

Chicken or Beef Enchiladas

Chicken Piccata

Grilled Greek Chicken

Marinated Pork Roast

Beef Bourguignon

Sliced Pot Roast

Pasta Primavera with Grilled Chicken

Beef Chimichanga

Mediterranean Baked Fish

STARCH (Choose 1)

Confetti Rice Pilaf

Macaroni & Cheese

Mexican Rice

Mashed Potatoes

Parsley Potatoes

Scalloped Potatoes

VEGETABLE (Choose 1)

Green Beans

Vegetable Medley

Chef's Choice Vegetable

DESSERT (Choose 1)

Apple Crisp

Banana Pudding

Brownie Trifle

Cookies

Cookies & Brownies

Peach Cobbler

Strawberry Trifle

Chef's Choice Dessert

BEVERAGE **Additional $1.50 per Person*

Sweet & Unsweet Iced Tea

DISPOSABLE PLATEWARE

3-Compartment Disposable Plate
Flatware Pack (flatware, napkin, salt & pepper)
Clear Disposable 20 oz Cup

**Upgraded Plateware Available*

Delivery 10 person minimum | Buffet-style 25 person minimum

TLC CATERING

TACO LUNCH PACKAGE

$18.00 per Person

ENTRÉES (Choose 2)

Fajita Chicken

Ground Beef

Barbacoa Beef

Pork Carnitas

Chicken Carnitas

Tequila Shrimp

ACCOMPANIMENTS

Flour Tortillas

Salsa, Lettuce, Shredded Cheese, Sour Cream & Diced Tomatoes

Tortilla Chips

Guacamole
**Additional $2.00/person*

Onions, Cilantro, Jalapeños
**Additional $2.00/person*

SIDES (Choose 2)

Lime-Cilantro Rice

Mexican Rice

Frijoles Rojos

Frijoles Blancas

Frijoles Negros

Mexican Street Corn
**Additional $2.00/person*

DESSERT (Choose 1)

Churros with Chocolate or Caramel Sauce

Sopapilla Cheesecake Squares

Cookies & Brownies

Dulce de Leche Cupcakes

Tres Leche Cake

BEVERAGE **Additional $1.50 per Person*

Sweet & Unsweet Iced Tea

DISPOSABLE PLATEWARE

3-Compartment Disposable Plate
Flatware Pack (flatware, napkin, salt & pepper)
Clear Disposable 20 oz Cup

**Upgraded Plateware Available*

TLC CATERING

BBQ LUNCH PACKAGE

$19.50 per Person

ENTRÉES (Choose 2)

BBQ Chicken
Leg/Thigh Quarter

Grilled Ranch Chicken

Grilled Beer Bratwurst with Peppers & Onions

Smoked Pork with BBQ Sauce & Spicy Mustard

BBQ Ribs

BBQ Brisket
**Additional $4.50 per person*

SIDES

Potato Salad

Marinated Pasta Salad

Macaroni Salad

Macaroni & Cheese

Coleslaw

Baked Beans

Corn Cobettes

Garlic Green Beans

ACCOMPANIMENTS

Baked Beans

Cornbread
Traditional or Jalapeño

DESSERT (Choose 1)

Banana Pudding

Brownie Trifle

Cookies & Brownies

Chocolate Chip Cake

BEVERAGE **Additional $1.50 per Person*

Sweet & Unsweet Iced Tea

DISPOSABLE PLATEWARE

3-Compartment Disposable Plate
Flatware Pack (flatware, napkin, salt & pepper)
Clear Disposable 20 oz Cup

**Upgraded Plateware Available*